

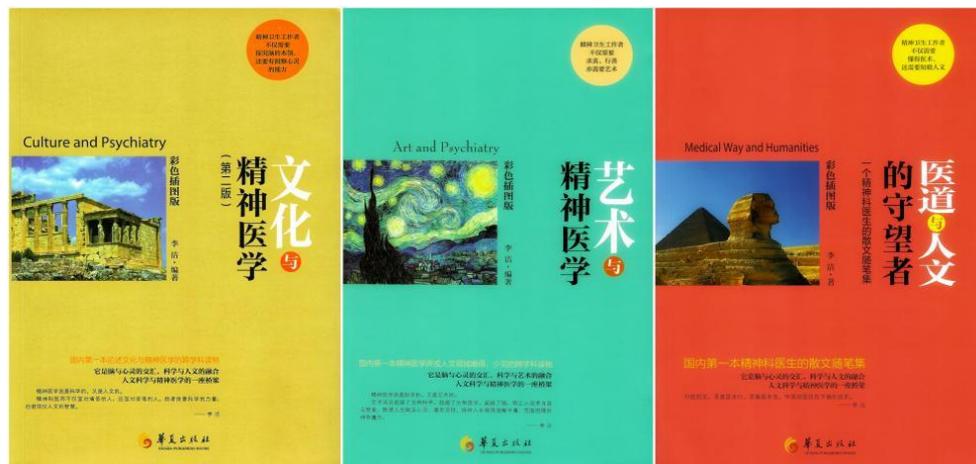


BOOK REVIEW

THE INTEGRATION OF MEDICINE AND HUMANITIES. AN INTRODUCTION TO “PSYCHIATRY AND HUMANITIES” TRILOGY BY PROFESSOR JIE LI

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ISSN: 2283-8961



Key words:

Psychiatry, Humanities, Culture, Art, Literature, Trilogy

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As a psychiatry that studies both brain and mind, it not only belongs to natural sciences such as biomedicine, but also covers social sciences and humanities. If psychiatry moves between neuroscience and psychology, the former is clearly related to brain science, neuropsychiatry, while the latter is more closely related to mind, spirit, healing, and well-being. Prof. Jie Li, a board member of the World Association of Cultural Psychiatry (WACP), from the Affiliated Brain Hospital of Guangzhou Medical University has found a unique way, and spent ten years to condense and publish his “Psychiatry and Humanities” trilogy.

His *Culture and Psychiatry* is led by cultural anthropology, *Art and Psychiatry* is based on aesthetics and art, while the ending point of *The Catcher of Medical Way and Humanities* is literature (prose). He hopes to build a bridge between psychiatry and humanities and promote the integration of natural sciences and humanities, through the trilogy with an interdisciplinary character. This is particularly important in the post-modern and post-pandemic atmosphere.

The trilogy is characterized by a broad vision, informative historical materials, rich illustrations, and beautiful writing, both for mental health workers and those who are engaged in the humanities and interested in psychiatry and “madness”.

Mottoes to share:

Culture and Psychiatry

"Psychiatry is both scientific and humanistic. Psychiatrists face not only the people in pain, but also in misery. In most cases, the former relies on the power of science, while the latter relies on the wisdom of humanity."

Art and Psychiatry

"Psychiatry is both scientific and artistic. Art activities transcend natural science, biomedicine, and brain. She makes people pursue freedom and imagination; she makes life touch the mind and inspire the spirit; she adds the magic to life to eliminate the mediocrity, and overcome difficulties."

The Catcher of Medical Way and Humanities: a prose essay collection by a psychiatrist

“For me, seeking truth is my line, seeking goodness is my nature, and aesthetic appreciation is my tireless pursuit.”

“We are the flesh in fences, but we have the firmament and the ocean far awa